Accommodation

All conference participants will be lodging at First Hotel Strand. Information about the hotel, such as check-in times and a map showing its location in Sundsvall can be found on the <u>hotel</u> <u>homepage</u>.

First Hotel Strand

Strandgatan 10 851 06, Sundsval +46 606 419 50

The reception can help you with booking taxis and other needs. A luggage room where luggage can be stored for several hours after check out is available.

Getting to Sundsvall

From Stockholm to Sundsvall by Car

Take E4 north from Stockholm to Sundsvall. First Hotel Strand is located right off the E4 on the left hand side. (For GPS directions, see address above).

From Stockholm Airport (Arlanda) to Sundsvall by Train

Once you arrive at Arlanda airport, you can make your way to Arlanda Central Station on foot by simply following the signs and check the displays for information about your train connection.

From Monday to Friday, trains to Sundsvall leave hourly between 6:41 and 19:41. Most connections are direct trips that take 3 hours and 20 minutes; connections requiring a transfer in Gävle take approx. 30 minutes longer.

Train tickets can be purchased directly at the station or you booked in advance on <u>SJ.se</u>, usually with a significant discount.

From Sundsvall Central Station to First Hotel Strand

First Hotel Strand is within walking distance (approx. 400m) from Sundsvall Central Station.

Exit the station building and take the side walk to follow the road to the left until you will reach an underpass for pedestrians.

On the other side of the underpass, keep to the right and follow the walk way through a second tunnel.

After the tunnel, you can either keep left and take the stairs up to Strandgatan, from which you can continue straight on to find the hotel on your left hand side (Strandgatan 10). Alternatively, if you would rather avoid the stairs, after the tunnel keep straight on for approximately 50 meters and then take a left onto Strandgatan. You will find the hotel on your left after another 100 meters.

If you prefer to take a taxi, please see the information on taxis below.

From Midlanda Airport, Timrå to First Hotel Strand

If you are flying directly to Sundsvall, you will be landing at Midlanda Airport in Timrå, approx. 20 km outside of Sundsvall. The most convenient way to get to your accommodation in Sundsvall is by taxi. We are providing a list of taxi companies for your convenience, but no endorsement is implied.

Flyg Shuttle offers rides from the airport to destinations in central Sundsvall for approx. SEK 120 (last advertised price). Unfortunately the website is available in Swedish only. You can book at taxi online at boka@nyctaxi.se or by telephone, at 060 619000.

Sverigetaxi has an English language web page that allows you to book taxis online here.

Other taxi companies from the Sundsvall area include:

Flygtaxi Sundsvall Timrå 060 - 19 90 40 www.flygtaxi.se/products/

Taxi Sundsvall 060 199 1000

Taxi Kurir Sundsvall 060 15 00 00

Taxi Drakstaden 060 12 34 56

Getting to Mid Sweden University's Sundsvall Campus

The central conference venue is room 102 in House "O."

By Bus

Bus#1 will take you from the bus station (Navet) to the stop "Mittuniversitet."

Starting at First Hotel Strand, walk along Kyrkogatan, turn right on Esplanaden and find the bus station (Navet) at the end of the street.

Take bus #1 towards Bergsåker and get off at Mittuniversitetet.

Once you take the stairs down to the campus, you can use the big campus map posted outside or use the prominently displayed letters on the buildings to find House "O."

Please note that tickets can only be purchased directly form the bus driver with credit card and it is not possible to buy tickets inside the bus with cash. Rechargeable bus cards can be bought at the bus station kiosk (Navet). When you charge 200 SEK on it, you can use your card for 9 bus trips. Tickets for single bus trips costs 25 SEK.

Please also note that Navet opening hours are limited to 7:00 - 17:30 on work days and that Navet is closed during the weekend. Alternatively, bus tickets can be purchased at Pressbyrån also located on Esplanaden from 07:00- 19:00 on work days, from 9:30-19:00 on Saturdays and from 10:00 - 17:00 on Sunday.

On Foot

A 2 km walk will take you from your First Hotel Strand to Mid Sweden University's campus.

Starting from the hotel, take a left onto Strandgatan. Turn left onto Storgatan and follow it for 2 km until you reach the campus on your right hand side. Alternatively, weather and path conditions permitting, you can cross one of the bridges to take the path along the river.

By Car

There are several posted parking areas around the university campus. Don't forget to purchase a ticket (20 kr for all day parking) because parking fines are steep in Sundsvall.

Links

First Hotel Strand Home Page

http://www.firsthotels.se/Vara-Hotell/Hotell-i-Sverige/Sundsvall/First-Hotel-Strand/?gclid=Cj0KEQjw5syiBRCwxPbE6o MsK4BEiQAUowjpiYfejzlIYqHyaHtvHVbIvezIGolVhJ5J7hBXSXV8I4aAiha8P8HAQ&gclsrc=aw.ds

Flyg Shuttle

http://boka@nyctaxi.se

Sverige Taxi

http://www.flygtaxi.se/booking/

Train service

SJ.se (English version)

http://www.sj.se/start/startpage/index.form?l=en