## **Course Content and Schedule**

The table below gives a summary of the course topic and key dates at which the first contributions for the discussions have to be brought in and when course assignments need to be completed.

Торіс	Assignment	Key dates
Introductory seminar	Compulsory participation in person at Campus, or via the web	February 22 <sup>nd</sup> between 13.00 and 16.00, in Conference studio M328 (Sundsvall) and L355 at Campus Östersund, or via the web: (according to instructions you have received via email)
1. Concepts of health and disease and their relation to phenomena such as happiness, well-being, quality of life and resilience.	Task 1a + b <u>Group discussion</u>	February 29 <sup>th</sup> -March 3 <sup>rd</sup> Individual first contribution: February 29 <sup>th</sup> at 12:00
2. Processes and factors in society and its impact on health	Task 2a + b <u>Group discussion</u>	March 21 <sup>st</sup> - 24 <sup>th</sup> <u>First contribution:</u> March 21 <sup>st</sup> at 12:00
Preparation for Task 4	Notify the teachers which thesis on Health you are going to review/examine (preparation for task 4)	By the latest March 18 <sup>th</sup> at 12.00
3. Measuring health: Cultural aspects, various instrument and their validity and sensitivity.	Task 3a + b <u>Group discussions and</u> individual task	April 11 <sup>th</sup> -14 <sup>th</sup> Individual first contribution: April 11 <sup>th</sup> at 12:00
Follow up seminar	Compulsory participation in person at Campus, or via the web	April 5th 22, between 13.00 and 16.00, in Conference studio M328 (Sundsvall) and L355 at Campus Östersund, or via the web: (according to instructions you have received via email)
4. Review a thesis on health	Task 4 Individual task	<i>Submit</i> your review via e-mail to your teacher no later April 29 <sup>th</sup> , at 24.00