



Mittuniversitetet

MID SWEDEN UNIVERSITY
Department of Health Sciences

Invitation for participation in research course;

Health Science, 7,5 hp

Starting February 22nd 2016

Course description and objective

Health Science is an interdisciplinary subject with multidisciplinary ambitions aiming to raise awareness of what health means and how health can be promoted, maintained and regained. It also deals with ways to prevent illness and disease. Research on the topic of Health Science can be performed with a perspective on individual-, group- or societal levels.

The objective of this course is for the participant student to obtain knowledge about key concepts in Health Science research. Different theories will be discussed as to gain a holistic perspective on the concept of Health and research directions in Health Science.

The content of the course covers aspects on:

- The origin and development of Health Science.
- The meaning of concepts in health, illness and disease from an individual, group and societal level.
- Theories explaining health from a holistic perspective

Education

All teaching and writing is done in English

The course is fully web-based via videoconference and the Moodle online platform.

Participation in the seminars (February 22nd and April 5th) is **obligatory** and can be with either physical presence at campus Sundsvall or virtual via videoconference platform.

Seminars:

February 22nd 13.00-16.00. Course introduction and Lecture on concepts of Health

- Conference studio M328 (Sundsvall) and L355 at Campus Östersund, or via the web.

April 5th, 13.00-16.00. Follow up seminar on measurement of health

- Conference studio M328 (Sundsvall) and L355 at Campus Östersund, or via the web.

The assignments in the course comprise literature studies, web-based discussions, lectures and seminars.

Admission Requirements

First hand admission:

Students already admitted to postgraduate studies in Health Science or other related topics.

Secondly:

Those who have a permanent position at Mid Sweden University (or other affiliated university) can be invited to attend the course if there are open slots and in the event the requirement for general and specific jurisdiction for studies on research level is met and that the person participating is doing so within their employment.

Any accounting of the course can only be made after a future admission to postgraduate level.



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Application for participation

Application for participation and queries about the course should be addressed to responsible teacher: Mats Jong (Associate Professor in Nursing) mats.jong@miun.se , phone 010/1428966

Last day of application: February 15th 2016.