



# Student Housing Guide

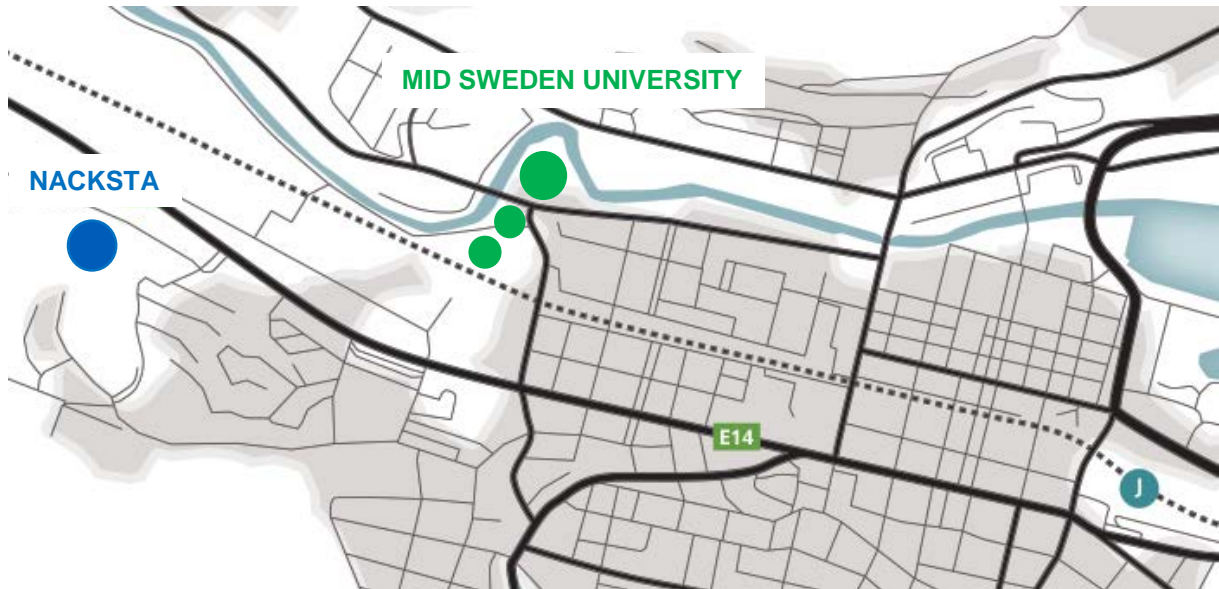
## Sundsvall



Credits to: Hans Lindqvist

Mid Sweden University does not provide student accommodation. However, we cooperate closely with student housing companies. After receiving your Notification of Selection Results (admission letter) you can book a room and the application is made directly at the companies. Sundsvall has two different companies that offer student housing Mitthem and Diös. As there is a high demand for accommodation, especially in the beginning of the semester, we advise you to apply as soon as possible and to be flexible and consider various accommodation alternatives.

## Mitthem



Mitthem is the municipal housing company in Sundsvall with a good selection of different accommodation options. Mitthem has approximately 900 apartments and rooms in shared apartments for Mid Sweden University students. Students need to be admitted for fulltime studies (30 credits per semester) and pay a deposit before Mitthem can reserve a room.

## Nacksta



If you choose to rent from Mitthem, you will live in Nacksta - a popular home among international students. Students often take the opportunity to share accommodation with other fellow students.

Shared apartments can have the size of two to four bedrooms plus a kitchen and a bathroom. Some apartments also have a common area. Most rooms have only one tenant, but some larger rooms can be shared.

The size of the rooms are 9-21 m<sup>2</sup> and cost between 2000-3000 SEK per month. Heat, water, electricity and internet (with your own router or a network cable) are included in the rent. *Note;* all housing by Mitthem is unfurnished. Student can buy second hand furniture in Nacksta or visit the large shopping area Birsta to buy the furniture needed. Close to the housing is a grocery stores, a health-care center and a gym. There is regular bus service with good bus connection to the city center, however most students walk (20 minute) or bike (10 minutes) to the university.

### **Application**

Apply by filling out the [online application form](#)  
More information can be found at [Mitthem website](#)

### **Furniture rent**

Keep in mind that in Sweden accommodation is mostly unfurnished. Students can easily rent a range of different furniture for the period they are living in Sweden. When you have booked your accommodation at Mitthem you can book the furniture you require (and transport of the furniture to your new home) through [MTU Furniture rent!](#)

## **Diös (Norrmalm)**

Diös' property is centrally located: just a couple of minutes from the city center and a 15min walk from campus. The rooms are dormitory style, i.e. 17 single 11m<sup>2</sup> rooms per floor share laundry, showers, bathroom and (two) kitchens. The rooms come furnished with a bed, desk, chair, armchair, wardrobe and sink. You will have to bring/buy a blanket, pillow, and sheets. Electricity, heat, water, and internet with a network cable are included in the rent 3.000SEK/month.

### **Application**

Application is done by email to [Catrin.Engberg@dios.se](mailto:Catrin.Engberg@dios.se) (phone: +46-10-470 96 64).  
More information can be found at [Diös website](#).